

# Patient Medication Profile Service

## Patient Information

Date: / /

Dear (insert patient's name),

You have made an appointment for a patient medication profile service –this is an important step to help you understand and manage your medicines. Your appointment is scheduled for:

Day: .....

Date: .....

Time: .....

Pharmacy address: .....

Pharmacy phone: .....

If you are unable to make this appointment please call the pharmacy as soon as possible (preferably (24) hours before your scheduled appointment).

## What to expect from your appointment

When you have to take several medicines each day it can be hard to remember which one is which, when to take them, and what each one is for. This can be made even more confusing if there are different brands of the same medicine, if you have more than one doctor prescribing medicines for you or if you have recently been in hospital where you may have been prescribed new medicines or given alternative brands of your medicine. The aim of a patient medication profile is to support your ability to better understand and manage your medicines.

Your pharmacist will spend approximately 10-20 minutes going through your medicines with you assessing how you take them, discussing any issues or concerns you may have and strategies and suggestions to help. In some cases, your pharmacist may need to contact other health professionals such as your GP for additional information. This will only happen if you give permission to your pharmacist by signing the attached consent form.

At the end of your appointment, your pharmacist will provide you with a document that lists all of the medicines you are taking. This will include information about each such as the dose, what it is for, how to use it and any suggestions you and your pharmacist may have talked about.

This document – the medication profile – is yours to keep and you may use it as a prompt to remember your medicines. You can also take your medication profile to show your doctor a complete list of medicines you are taking. If you have to be admitted to hospital, your medication profile will help the doctors, nurses and hospital pharmacists so that you get the right medicines during your hospital stay.

## How to prepare for your appointment

There are a number of things we ask you to do in order to get the most from your appointment:

1. Think about each of your medicines and how and when you take them;
2. Write this information down in the space provided on your patient planning record;
3. Write down any questions or concerns you would like to discuss;
4. Gather all of your medicines. This includes over-the-counter products and complementary medicines, medicines you take regularly, medicines you take only when needed, any repeat prescriptions and any previously issued medication profiles; and
5. Complete the checklist (below) to make sure you bring everything to your appointment.

## Appointment check list:

Going to your appointment? Make sure you bring:

- All your prescription medicines (even those that you take only when needed).
- All medicines obtained without a prescription (including medicines you have bought from a pharmacy, supermarket, health food store or other).
- All vitamins and minerals you may take.
- All eye drops, ear drops, inhalers devices, medicated creams etc that you use.
- Any repeat prescriptions.
- Any previously issued medication profiles
- Your Medicare card and any healthcare/ concession cards, if applicable.
- Your signed consent form
- Your **patient planning record** completed as much as possible.



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## Patient Planning Record

Name.....

This **patient planning record** will help you prepare for your appointment and ensure discussions with your pharmacist are more valuable and targeted to your needs. This preparation is important so that you can get the most out of your appointment.

### To use this form:

Think about each of your medicines and how and when you take them. Make sure you include all medicines you take or use regularly including all of your prescription medicines, over the counter items you have bought from a pharmacy, supermarket or health food store, vitamins and minerals, eye drops, ear drops, medicated creams, etc.

Complete the information for each medicine in the table below. If there is information you are not sure of you can leave the box empty and your pharmacist will help you with this information during your appointment. Write down any questions or concerns you would like to discuss with your pharmacist as well. If you run out of room, use a second sheet of paper.

Name of medicine	Why do I take it?	How much do I take? (1 tablet, 1tbs, etc)	When do I take it? (breakfast, lunch, dinner, etc)	Where do I store it? (bathroom cabinet, kitchen pantry, etc)	Questions about this medicine

<b>Questions continued:</b>

I [name] ..... consent to having my medication history reviewed. I consent to the pharmacist and any of my health care professionals discussing issues in relation to my medications and providing information to each other in relation to my medications.

Signed: ..... Date: ..... Witness: .....